



NEWSLETTER

GUTHRIDGE PRIMARY SCHOOL

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Friday, 5 June 2009

COMING EVENTS

Thurs 11 June	All library books returned
Mon 8 June	Public Holiday Queen'sB'day
Tues 9 June	Cake/slice orders due
Thurs 11 June	Cakes/slices go home
Fri 12 June	State-wide report writing day. No school for students
Mon 15 June	School Council
Fri 26 June	Last day of Term 2
Mon 13 July	First day of Term 3

Another New Mobile Interactive White-Board!

Our school is constantly looking to provide the most up to date equipment for our students. This week we have added another new interactive white-board to one of our Junior classrooms.

Photo withheld in accordance with our Privacy Policy

We now have four throughout the school. Our school was awarded a \$1000 ExxonMobil grant in recognition of the volunteer work of one of our parents, Doug Lay who nominated our school for the grant. (Thanks Doug!) The funds will be used to off-set the cost of our new whiteboard (total cost \$7700).

On Time/Every Time Winners for May

Congratulations to Ms Bartram's Yr 5/6 class who had the best attendance and punctuality for the month of May (again!). Last May we had 301.5 absences and 42 late arrivals! If your child is sick then they need to be at home, but otherwise "It's not okay to be away!"

Lessons For Living—Cooperating/Negotiating

Being able to cooperate is a really important skill for a child to have in order to work and play with others successfully. If you want someone to do something for you or to give you permission to do something, the best way to get what you want is to negotiate. Basically negotiating involves getting what you want by making sure the other person gets something too. Parents need to be skilful negotiators these days! (e.g. "When you finish eating that, then you can have dessert." "Once you've tidied up your room, then you can play with your friends." "Finish your homework first and then turn on the t.v.") Good negotiators are really good at getting on with other people!

Congratulations to our Learning Heroes. - Your certificate will be presented at Assembly on Monday 15 June.

Rm. 1	Kalan (Mod Prep)	Wonderful reading and trying very hard when writing
Rm. 2	Aleara (Prep)	Hearing the sounds in words and doing wonderful writing
Rm. 3	Charli (Yr 1)	Always treating her friends with respect and bouncing back
Rm. 4	Kurt (Yr 2)	For great bouncing back
Rm. 5	Nicholas (Yr 1)	Writing a super fantastic recipe during free writing
Rm. 6	Kim (Yr 6)	Always putting lots of effort into the presentation of her work
Rm. 9	Frances (Yr 6)	Having a great capacity to bounce back and be positive in her learning
Rm.10	Isabella (Yr 4)	Completing her best work and finishing all tasks
Rm.11	Callum (Yr 3)	Making great contributions to maths discussions
Art	Mitchell (Yr 3)	Making a great clay pen holder
P.E.	Tyler (Yr 1)	Always trying to do his best during P.E.

No Newsletter Next Week

Because next week is such a short week for our students (Public holiday on Monday and State-wide reporting day on Friday), there will not be a newsletter next week. This week's Learning Hero certificates will be presented at Assembly on Monday 15 June.

Healthy Eating

Our apologies that the Herald Sun article published in last week's newsletter was so difficult to read. Here is a re-print.

Schools losing fat war

Health authorities are losing the obesity battle, with almost one in two children admitting they go to school with a packet of chips in their lunch boxes.

A new survey reveals 46 percent of children take chips to school, while 11 per cent say they eat breakfast no more than once a month.

And hot dogs, chips, hamburgers and pies are the most popular with children who buy their lunches - either at school or on weekends.

The number of students ordering the fatty favourites is double those buying fruit and salad, the Cartoon Network survey reveals.

In some good news, 59 per cent of children have fruit in their lunch box each day. But lollies and sweets feature in the lunches of one in five students.

Schools across Victoria are introducing eating programs to help parents pack healthier lunches for their children.

Nutrition Australia has helped more than 50 schools with Reclaim the Lunchbox sessions to help parents cut high-fat, high-salt snacks.

But project officer and nutritionist Linden Clarke admitted there was still work to do to change the eating habits of school children.

"Packaged snacks are not healthy and they can be expensive," Ms Clarke said.

She said packets of chips could not only cause constipation in children because of the products' low fibre content but also create litter problems for schools.

In January 2007, the State Government banned soft drinks, hot chips, battered sausages, cakes and ice cream from school canteen menus.

Lollies and sweets were banned from canteens from this year. Sunday, Herald Sun, May 24, 2009

Parents please support our efforts in developing healthy eating habits by limiting the number of times your child brings packaged chips or biscuits (e.g. Shapes) to school. Children these days consume a huge amount of salt (and sugar) in processed food and research is showing that this has a significant

BIRTHDAY BOOK

It's your birthday!!! Congratulations!!!

Fortnight ending 19th June

Sat. 6th	Nic	turns	9
	Tyron	turns	9
Mon. 8th	Harry	turns	8
Tues. 9th	Nick	turns	12
Thurs. 11th	Madison	turns	7
Sun. 14th	Hannah.....	turns	11
Mon. 15th	Shaden	turns	7
Wed. 17th	Rachel	turns	6

All the best for a fantabulous birthday!

effect on their long term health. A friendly reminder that lollies and chocolate bars (including chocolate muesli bars) are not permitted at our school and water is the best drink for school.

Parent's Club News

Sale Greyhounds Bingo Night—Prizes needed please!

Last year we had a very successful fund-raiser at the Sale Greyhounds thanks in part to some great prizes which families donated for our raffle. If you can help, please drop the prize (or voucher) off at the office before the end of term so we can be organised for the bingo night on July 27.

Cake/Slice Fundraiser

Orders are due this Tuesday with correct money please. They will be baked fresh on Thursday and sent home with your oldest child. If your child is absent on the day, orders will be placed in the freezer (because Friday there is no school for students).

New Look Web-Site

Don't forget to have a look at our brand new web-site. Visit www.guthridgeps.vic.edu.au and check us out. Enrolments are now open for 2010 and we urge families to please fill out an enrolment form as soon as possible as this really helps us with our forward planning.

Community News

Transition to School Information Night

Families transitioning a child with a delay/ disability into school are invited to an information night with details as follows:

Wednesday June 10th 7.30pm – 9.00pm (approx)

Sale Specialist School - Junior Campus 53 Raymond St Sale.

Guest Speakers: Marge Arnup and Tonya Wright – Dept. of Education and Early Childhood Development and Kylie Dingwall – Kilmany Uniting Care.

Enquiries to Kylie Dingwall, Kilmany Uniting Care on 5144 7777. RSVP Friday 5th June