

NEWSLETTER

GUTHRIDGE PRIMARY SCHOOL
 Dawson Street, Sale. 3850
 Phone: 5144 3633 Fax: 5143 0132
PRINCIPAL: Sue Burnett

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ASSISTANT PRINCIPAL: Geoff Avery

Friday, 21 August 2009

COMING EVENTS

- Mon 24 August** Last chance to Adopt-A-Book
Book Club due
- Wed 26 August** Book Week Parade 9:10 a.m.
Adopted books given out.
- 31 Aug-4 Sep** *Literacy/Numeracy Week*
- Wed 2 Sep** Last day for payment for
Junior School trip to Melb.
- Wed 9 Sep** Junior School Big Day Out
- Fri 18 Sep** Yr 3/4 camp deposit due

Congratulations to all our Senior students who participated in the House Athletics on Wednesday. The weather was perfect and everyone was very impressed with the great “have-a-go” attitude on display. It was terrific to hear the students encouraging each other in so many positive ways.

Pictured: Amy at the long jump

Photo withdrawn in accordance with our Privacy Policy

Thank you to Mrs Andrews for your organisation of the day and a very special thank you to our helpers. We would not have been able to have such a successful Athletics Carnival without you!
 Which House won? Be at Assembly on Monday to find out!

Photo withdrawn in accordance with our Privacy Policy

McMillan House cheer on their relay team!
 More photos will be on display in our corridor next week.

Adopt-A-Book—it’s not too late!

So far 89 orphaned books are about to find a new home in our library! Fantastic! We still have a few books waiting to be adopted in our trophy cabinet and Monday is your last chance. Please complete the form on the other side of this newsletter if you are interested. All adopted books will have a special template with your child’s name on it. After our Book Parade next Wednesday, children will receive special Adoption Certificates and then proudly take their books down to the library where everyone can enjoy them.

Congratulations to our Weekly Award Winners - Your certificate will be presented at Monday’s Assembly

Rm. 1	Amber	Making the effort to create beautiful handwriting.
Rm. 2	Kami	Doing wonderful writing with lots of sentences and spaces between her words.
Rm. 3	Charli	Making an amazing lion clock.
Rm. 4	Kurt	Counting by halves in Maths.
Rm. 5	Harley	Always having a go and his fantastic attitude towards his reading.
Rm. 6	Kyle	Sharing his knowledge with the grade and helping them learn.
Rm. 9	Art	Athletic ability and great sportsmanship.
Rm.10	Elli	Reading and writing.
Rm.11	Connor	Contributing some great ideas during class discussions.
Art	Molly	Creating an imaginative self portrait.
P.E.	Jayden	Achieving fantastic results at the Guthridge Athletic Sports.

Book Parade—Wednesday 26 August

What's your book and who are you coming dressed up as?

There are oodles of characters to choose from! Can't think of any? Then get to a library and borrow a book! Our Parade will be on the netball court (weather permitting). It's about fun, fun, fun!

Groovy Grannies

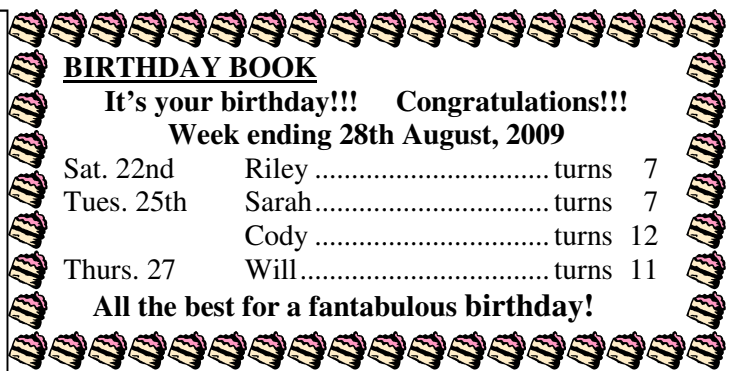
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Tuesday lunch-time is Groovy Grannies time and because there is so much interest, we are re-locating from the library to the hall. Children are able to mix with our Groovy Grannies (all of whom have had a Working With Children Check) and learn new skills like knitting and craft making and just enjoying the company of these very special people.

Extra-Curricular Activities

An extra-curricular activity is something that a school provides that it doesn't really have to because it's not part of the curriculum. At Guthridge Primary we have heaps of extra-curricular activities and we provide them because we know they're great for our kids. So what are some of these extra-curricular activities?

- Breakfast Club
- School camps
- Class excursions (like our Big Day Out)
- Free instrumental program
- Concert Band and Choir
- Athletics days/sports day
- Swimming program in our heated pool
- Tuesday's Groovy Grannies + lots of other fun activities which our Student Wellbeing Officer, Amanda Beer organises for small groups of children
- Wednesday's Lunch-Time Footy
- Whole school dress up days (like the Book Parade)
- Active After School program
- All the great Parents' Club activities (e.g. Fun food days, fete)



BIRTHDAY BOOK
It's your birthday!!! Congratulations!!!
Week ending 28th August, 2009

Sat. 22nd	Riley	turns	7
Tues. 25th	Sarah.....	turns	7
	Cody	turns	12
Thurs. 27	Will.....	turns	11

All the best for a fantabulous birthday!

Building Project

The portables are nearly ready for our Year 3-6s to move into. We are waiting for some final alterations and hopefully by the end of next week we will be able to commence relocating. Hopefully this will cause minimal disruption for our students and they will quickly settle into their new "temporary" home.

Smoke Free School Policy

As from 1 July 2009 the Victorian Government has banned smoking on school property. This has also been endorsed by our School Council. Attached to this letter is our school's smoke free policy. We look forward to members of our school community fully supporting this.

Lessons For Living-Suggesting and Persuading (Instead of Bossing)

People don't like being around other people who give orders, criticise all the time and are bossy when they try to make people do things. The best way to convince others to do what you want and to co-operate with you, is to make suggestions and give good reasons for your suggestions.

The "Do s"

Make a suggestion in a polite voice so it sounds like you are asking a question.

Try ... "Why don't we", or "Let's", or "Perhaps we could", or "How about"

Give good reasons for what it is a good idea

Try to persuade by using a friendly voice and giving more good reasons, or think of a better idea.

The "Don'ts"

Don't be bossy.

Don't order people about.

Don't criticise others.

Don't get angry if others don't like your idea.

People who are good at suggesting and persuading are easy to get along with.

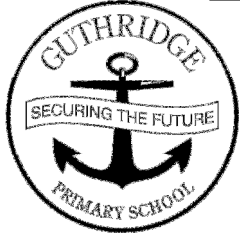
"Adopt - a - Book Program"

Child / Family Name : _____

Room No. : _____

I wish to adopt a **\$5 / \$10** Book for our School Library. Payment Enclosed : \$ _____

(please circle)



GUTHRIDGE PRIMARY SCHOOL No. 4853

Dawson Street, Sale. Vic. 3850
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Principal: Sue Burnett

Assistant Principal: Geoff Avery

SMOKE FREE SCHOOL POLICY

The Minister for Education has issued an Order to ban smoking on Victorian Government school premises, effective from 1 July 2009. The Guthridge Primary School Council has fully endorsed this policy.

The smoking ban coincides with the re-release of the *Smoke Free Schools – Tobacco Prevention and Management Guidelines for Victorian schools*. The resource includes guidelines for tobacco management, prevention strategies and curriculum materials.

Guideline One in the Smoke Free Schools resources states:

- smoking is banned on all Victorian Government school premises
- students, staff and parents must not smoke on school premises and at school sponsored functions and activities (e.g. fete)
- an ongoing communication strategy should be designed to inform the whole school community of the need for a smoke free policy
- all members of the school community should be aware of their role in implementing a smoke free environment.

Our school supports the introduction of a smoke free environment. We believe that it is important to make every effort to set a positive example for young people about health matters in general and tobacco prevention education in particular.

Tobacco smoking continues to be a significant health issue for Victorians. It is responsible for 90 per cent of drug caused deaths in Australia. In 2005, 8 per cent of students who were 12 years old had smoked in the past year increasing to 37 per cent among students who were 17 years old. In absolute figures these percentages equate to around 140,359 students. If they all became smokers 70,180 would die prematurely. On a more positive note, the smoking rates of current smokers (smoked in the past week) aged 16 and 17, almost halved between 1999 and 2005. (Source QUIT Victoria 2009).

To assist with reducing smoking amongst students we ask all parents to adhere to the ban on smoking on school premises and support our smoke free policy.

Guthridge Primary School Council
August, 2009

Thanks Parents' Club

Thank you to all our helpers who provided a delicious lunch of pancakes on Thursday. Judging by the looks on the children's faces, they were delighted with their yummy treat.

Thank you also to one of our mothers, Cathy Isaac who painted over some unwelcome graffiti this week. Cathy also finished the painting of our front fence.

Please report any suspicious activity at our school immediately to the police on 000 or 51435000. Vandalism costs our school money. We will have no hesitation prosecuting anyone caught damaging our school regardless of age.

Fathers' Day/Special Person Stall

Children will have a wide variety of gifts to choose from on Thursday 3 September. Prices range from \$1 to \$6 so there will be something for everyone's budget. Thank you once again to Parents' Club for organising this.

Gippsland Principals' Conference

Sue Burnett will be at the Principals' Conference on Thursday and Friday. Geoff Avery will be Acting Principal during her absence.

2010 Enrolments

It is absolutely critical that we receive enrolment forms (particularly for Modified Preps and Preps) for children wishing to attend our school next year. We are already beginning planning classes for 2010 and we need a clear idea of numbers. Please urge anyone considering enrolling their child with us to collect a form immediately.

We are always happy to show families around our school. Just contact the office on 51443633 to make an appointment.

Junior School Big Day Out

Junior school teachers have organised an exciting trip to Melbourne visiting the Museum and IMAX. It will be so much fun! A reminder though, that full payment **must** be received by Wednesday 2 September as buses have to be booked. We are unable to accept late payment.

Year 3/4 Camp - camp deposit - change of date.

Please note the Year 3/4 camp deposit is due by Friday, 18th September which is the last day of Term Three.

Welcome

A warm welcome to Ally (Yr 1) who joined Robyn's class this week. We really hope you enjoy being at our school. We know Lilly will like having her big sister at the same school as well!

Community News

Golden Beach Surf Life Saving Club needs you. We **urgently** need new recruits interested in training as life savers to patrol our beach during the summer months.

Nippers - 5 to 13 years. **Surf Rescue Certificate** - 13 to 15 years. **Bronze Medallion** - 15 years plus.

To register or for further information please contact the President, Les Mallins on 5146.3456 or Secretary Sue Parratt on 5146 3119.



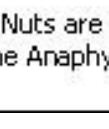


Healthy Snack Alternatives



It is not uncommon to hear children requesting snacks such as 'a packet of chips', 'some soft drink' or a 'chocolate biscuit'. It is sometimes difficult to say no because the more nutritious alternatives are not as appealing or quick to prepare. Below are some suggestions for more nutritious alternatives for snacks.

Healthy Alternatives

	Packet of chips (crisps)	Air-popped pop corn, rice cakes with cottage cheese, rice crackers with salsa, microwaved pappadums, a small handful of cereal, wholegrain crackers and vegemite
	Corn chips & cheese dip	Carrot sticks with home-made hummus or tzatziki dip, low fat cheese slices and wholegrain crackers
	Chocolate biscuit	Home made muesli slice or a bowl of cereal with low fat milk, whole-meal raisin toast
	Ice-cream	Frozen low fat yoghurt, natural yoghurt drizzled with honey or low fat custard with fresh fruit
	Take-away pizza	Home-made pita pizzas topped with vegetables & low fat mozzarella
	Lollies	Fresh fruit cut up, dried fruit and nut* mix or frozen fruit e.g. grapes

* Nuts are a high allergy food for some children. Check your school's policy regarding nuts. For more information on the Anaphylaxis Guidelines for Schools, go to www.allergy.org.au/pospapers/anaphylaxis.htm